

KAPKAPANUI NEWSLETTER

No.1 13 February 2024

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Web: www.kapakapanui.school.nz

For absences and events cancellations ring 902 5015

Kia ora, welcome back, Kapakapanui School community!

We hope you all had a fantastic summer holiday; the weather has been stunning and it has been nice catching up with your children and hearing their holiday stories and adventures!

A special welcome goes out to our **new tamariki, teachers and whānau** joining us for the first time. We're excited to have you on board and look forward to the unique contributions you'll bring to our school.

Kia ora to our new teachers

- **Jaimes Hamill** who is working in Rātā pod (Years 5 & 6)
- **Rachel Jackson** in Room 7 (Year 1) and
- **Fiona Howard** in Tōtara Pod (Years 7 & 8)

It's awesome to have you all join our Kapakapanui team!



Kapahaka Performance at Whakarongotai Marae

Thank you to everyone who performed on Waitangi weekend at the marae, and to Matua Rangi who stepped in with his trusty guitar!

We're looking forward to a great year of Kapa haka, our termly pōwhiri to welcome new tamariki and whānau and to continuing to build on developing and growing our te ao Māori throughout the school!



School Values

Our 6 school values are

- *Kotahitanga* (unity & togetherness)
- *Manaakitanga* (kindness, caring, respect)
- *Whanaungatanga* (relationships, sense of belonging, family / whānau)
- *Kaitiakitanga* (responsibility to the land / environment, sustainability)
- *Whakaaro* (To think, plan, consider, decide)
- *Manawanui* (perseverance)

The value we are focussing on this term is **Whanaungatanga - Relationships, kinship, sense of family connection**. It is important that we build strong and positive relationships at the beginning of the year. When we get this right and children feel connected to their class and pod learning should flourish.



New Timetable and Break Times

You may have heard that we are trialling a new timetable for the school day. In short we're having an earlier playtime, a fruit/fitness slot and 4 chunks of learning times which range from 60 to 100 minutes. We're hoping that this will benefit children's learning and ability to concentrate whilst providing opportunities to refresh with kai, exercise and connection. The new times are below – we will reassess at the end of the term.

9.00am - 10.10am	Session 1
10.10am - 10.30am	Morning tea
10.30am - 11.30am	Session 2
11.30am - 11.50am	Fruit/vege kai and kori (movement)
	Tamariki/teachers together to build/develop whanaungatanga (connection/belonging)
11.50am - 12.50pm	Session 3
12.50pm - 1.00pm	Lunch eating
1.00pm - 1.40pm	Lunch break
1.40pm - 3.00pm	Session 4

Kōrero with Whānau - Thursday 29 February (12:30pm finish)

Similar to 2023, we are holding short 10 minute sessions for parents and teachers to meet. This is different to our student-led conferences and is an opportunity to discuss how the start of the year has gone for your child/ren. Do you have any concerns? Is there anything we need to know? How are their friendships? It is also an opportunity for us to check that we have all of your contact details correct and to check any log in queries you may have with SeeSaw.

It is optional for you to bring your children along to these meetings. If you feel you require longer than 10 minutes please make contact with the teacher(s).

Online booking details will be out next week and school will close at 12:30pm - the bus has been informed. Funzone as also been advised and is open from 12.30pm, please contact them directly to book. [Funzone](#)

Communication from School

We use a number of ways to communicate with our whānau including

- Emails
- Seesaw - mainly for sharing students learning with whānau - real me reporting
- School Etap App for your phone – please contact the office for the link and download from the app store
- Social media - Facebook and Instagram - please follow us!
- Face to face - please pop in to see us before or after school if you have questions, need to pass on information or just want to say “hi” or “kia ora”.

Our preference to notify us when your child is absent from school is an email or using the school app - this saves office time. Thank you.

Phones - Away for the Day

As you may have heard in the news, the government has banned cell phone use at school for students. We support this decision and have already been requiring students to keep their phones in their bags for the last couple of years so it is not a big change for us, however we ask that you please discuss this with your children at home. There may be the odd occasion that teachers may permit phones to be used for learning e.g. taking photos or videos however for the bulk of time at school phones should be away for the day.

Whānau swim - Monday 19th February

Next Monday the whole school will be heading down to Waikanae Pool for a Whānau swim, lunch and games. This is part of our school's value of focusing on Whanaungatanga for the term.

This will be a great chance for students to develop relationships and connect with others in their Whānau group. Ngā Kākano students will swim with their own class and will join us for the fun Whānau leaders races.

All students will need their swimming gear, hats and sunblock, lunch and drink bottle for this event.

Whānau Wellbeing

Kia Ora from the Whanau Wellbeing Hub, I hope you all had a great summer break and are feeling full of enthusiasm and energy for the year ahead - it is certainly mood lifting to have this fantastic summer weather with us.

I'm really enjoying my connection to the Kapakapanui school community, and I hope I get to meet more of you over the coming year.

The purpose of the Whanau Wellbeing Hub is to offer support and part of this can be facilitating "Te Awhi", a group meeting for parents and caregivers to share experiences and learn from each other around all things parenting.

If you are interested, or just want more information please email me on whanauwellbeing@kks.school.nz or speak to staff at school.

I am still on the lookout for any sports shoes that have been outgrown, to pass onto the local kids sport shoe charity. You can drop them into the office, or contact me directly.

Lastly, I have a couple of scooters looking for a home, if anyone is in need..... Used but still got life in them

Ngā mihi -Linda

Road Patrol - can you help?

Mrs Richards has once again got our road patrol roster up and running, and our two patrols on Belvedere and Rimu Streets are going well. We still require a couple of extra parents/adults to help out. If you are able to help please contact Diane, diane.richards@kks.school.nz or the office, admin_2@kks.school.nz - thank you.

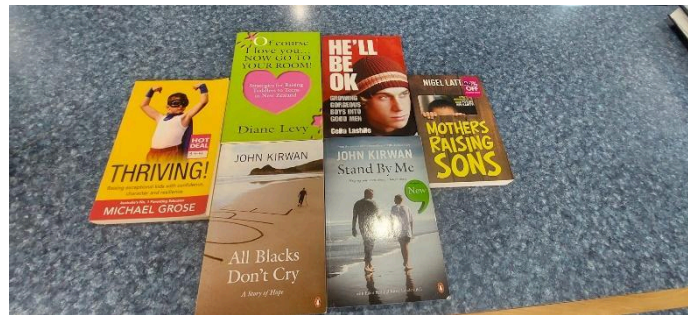
The following is a link to a video that explains the role of the supervisor - [click here](#)

Thank you

Thank you to **Andrew Gray (0800Tilers)** for repairing the tiling on hall steps which have been damaged over the years from scooters and skateboards. Ka pai Andrew!

Parenting Books to Borrow

We have a few excellent books in our office which parents are welcome to borrow. Please just sign them out at the office. Enjoy!



Last thoughts....

- Have you looked at our website recently? We've updated the pics on the home page - [click here](#)
- Go the Black Caps - Super Kane!
- Has Taylor Swift made you more interested in the Super Bowl this year? Be honest!

COMMUNITY NOTICES

Hoop Club Kapiti – Junior Basketball Coaching Programme – Term 1 2024

Sunday 11 February to Sunday 7 April

Paraparaumu College Community Sportshall, Mazengarb Road, Paraparaumu

9.30 to 10.30am 5 to 7 year olds

10.30 to 11.30am 8 to 10 year olds

11.30 to 12.30pm 11 to 17 year olds

ALL NEW PLAYERS MOST WELCOME

Contact – Angelo Robinson contact@hoopclubkapiti.nz

Parents Cybersafety Evening

Tuesday 5th March 2024 7pm

Te Raukura Ki Kāpiti, Kāpiti College

There is an increasing concern with what students are doing online. Last year was incredibly challenging for many parents/students and the schools.

Because of the rapidly changing times, our tamariki are growing up in, and the mounting challenges and harms they are facing online we need to start talking about and tackling this as a community.

As such, we have organised Filmmaker, Author and Speaker Rob Cope, producer of the documentary "Our Kids Online" to come and give what promises to be a humorous and eye-opening evening talk to our parent community.

His talk will cover:

- Cyberbullying - How bullies can reach our kids 24/7
- Social media - How social media is affecting the mental health in 3 out of 5 children. FOMO, depression, anxiety.
- Gaming and the developing brain – An oversupply of dopamine leading to dopamine deficiency, synaptic pruning, and the underdevelopment of social skills and empathy
- Naked Selfies - The pressure to send nudes from intermediate up through high school
- Online predators - The methods they use, how to spot them.
- Online porn vs healthy sexuality - How consuming online pornography as a child or teen can create a sexual template where violence, aggression, and dominance are seen as normal and consent can become very blurry

Solutions:

- Filters - Which filters are best and how to install them
- Smartphones - How to lock down a smartphone to make it a safe phone
- Boundaries - How to put good boundaries in place around device use
- 3 golden rules - The 3 golden rules that will keep your kids safe
- Talking to your kids - How to have difficult conversations with your kids
- Challenging our own phone and device usage - Reconnecting as a family.

Here is a promotional video for you to watch [Our Kids Online Parent Evening](#).

The talk will be held at Te Raukura ki Kāpiti, Kāpiti College on Tuesday 5th March 2024 at 7pm.

Tickets can be purchased online at Eventfinder. The \$10 ticket includes a glass of bubbles upon arrival.

This is for adults only - please don't bring the students.

Waikanae Gymnastic Club

Enrolments are now open for 2024. If your child is interested in gymnastics and would like to enrol, please email Karen at waikanaegym@gmail.com

Kapiti Thunder Volleyball Club - Development Programme Term 1

The programme is set up of 8 coach led sessions, focused on providing kids with the environment where they can learn correct volleyball technique, practice their volleyball skills, connect, play and have fun. Our main goal here is engagement and development. Safe space for kids to explore their potential and grow their confidence through sport.

Y7-Y13 8 weeks programme (Easter weekend - no training)
Head coach - Tania Troian 022 187 1133

Where: Paraparaumu College

When: Saturdays (10th February - 2nd March)
5.15pm - 6.15pm (newcomers)
6.15pm - 7.30pm (intermediate)

Sundays: (10th March - 6th April)
1.30pm – 3.00pm (joint sessions)

Sign up via the link below, any questions - please ask.

<https://forms.office.com/r/pjDrSR2G2K>

INTRODUCING HOUSE OF SOUND IN-SCHOOL MUSIC LESSONS

House of Sound provides professional but fun, curriculum based music lessons during the school day. Classes are 30 minutes long and are in groups of 3 - 5.

Options available are:

Mean Beats (Percussion and Drums)

Six String All-Stars (Guitar) and

Star Finders which is an introduction to music for year 3 students, covering Piano, Ukulele and Drums.

Mean Beats & Six String All Stars are only available for years 4 and up.

The cost is \$180 per term, which covers 9 lessons. To enrol your child in these fabulous music lessons grab an enrolment form from reception or go to www.houseofsound.co.nz and click the "enrol now" button.

For more information please email: info@houseofsound.co.nz

Crawshaw Music School

We love teaching kids at Crawshaw Music School. We provide high quality one-on-one private lessons from our premises at 6a Sheffield Street (just off Te Roto Drive). We follow our student's interests while teaching important skills. All our teachers are experienced musicians and are skilled at communicating their knowledge. The first lesson is free but book now before all our spaces are filled up! The instruments we currently offer are: guitar, keyboards/piano, singing, drums, ukulele, bass, flute and band classes.

Our Prices:

Private lesson 20 min: \$25

Private Lesson 30 min: \$38

2 in a Lesson 30 min: \$40 (or \$20 each)

Band Classes: \$19 per student

email aj@crawshawmusicschool.co.nz or Phone (04) 905 9317 to book a free trial lesson.

PIANO TEACHER

Maria Vink, experienced Music Teacher, has vacancies for new students.
Please contact: maravink9@gmail.com or 027 813 0572



If your child loves doing cartwheels, handstands, trampolining, flips, dancing, or parkour, then they will thrive at Bigair Gym! Bigair Gym classes are excellent for fun, focus and fitness! Children learn new skills and develop personal confidence and self-achievement! Strong focus is given to safety and technique, ranging from fundamentals to advanced skills. The structured classes follow a Bigair Badge Programme, which creates focused learning, and allows children to achieve and feel personal progression! Bigair classes include **GYMNASTICS, TRAMPOLINING, TUMBLING, FREE RUNNING** (thats parkour with flips) & **CHEERLEADING!** Inquire about Bigair **BIRTHDAY PARTIES** too!

Book online for Term 1 now at www.bigairgym.co.nz or please contact us for any inquiries:

Bigair Gymsports Kapiti: ph. 297 0400, e. kapiti@bigairgym.co.nz at 4 Manchester Street, Kapiti

House of Science

The House of Science provides comprehensive resource kits for schools, with all the materials needed to carry out engaging science lessons. The bilingual kits are delivered to schools using a subscription based library system.

Please follow this link to learn more:

<https://houseofscience.nz/#getinvolvedrow>

We are actively seeking drivers, the role is visiting the schools and either collecting or dropping off the science kits. A travel allowance is paid to compensate for this.

If you'd like to learn more then please email me by return and we can organise a visit to the Branch Office to meet with the team to learn about the job: denise.wolfsbauer@houseofscience.nz
